

First Day Checklist

No need for nerves, here is our chef’s kiss-list of childcare essentials to make their first day a breeze! Check them off the night before!



Bring Backpack

Pack a backpack (big enough to fit all your child’s belongings)



Spare Clothes

Pack several changes of clothes (socks, underwear, tops, and multiple bottoms)



Drink bottle

Bring along your child’s drink bottle (ensure it is leak-proof and easy for them to use)



Lunch Box

If meals are not provided bring a lunchbox with healthy snacking options. Confirm with your centre if there are any food restrictions.

Care for kids

First Day Checklist

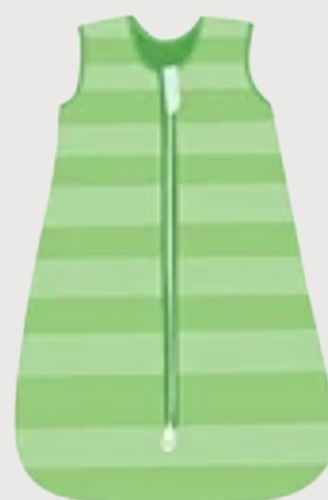
5.



Comfort item(s)

Pack your child's favourite blanket or soft toy for rest times. Comfort items can also include dummies!

6.



Sleep bags & Bedding

Bring your own sleep bags, sheets and or bedding (if required).

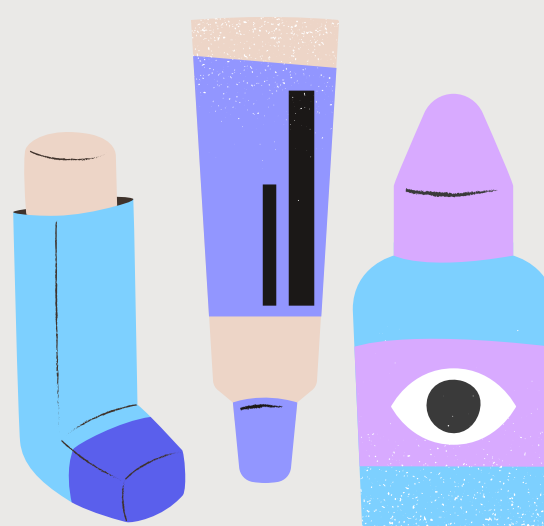
7.



Specific brands

Bring in any formula, bottles, sunscreens or nappy creams (if needed)

8.



Medication

Bring in any required medication and medical forms.

Our Day 1 Tips!

- **LABEL everything:** hats, undies, nappy cream, water bottles, you name it. Literally.
- **Give yourself plenty of time to drop-off.** Try not to sneak out, give a hug and say goodbye.
- **Download your centre's communication app** – you won't miss any first day pics!